

Supplementary material: Proofs

Approximation by piecewise linear curves. We prove our claim from Section 4 that the approximations of closed regular curves \mathbf{c} by piecewise linear curves \mathbf{c}_n converges, in the sense that for large enough n , \mathbf{c}_n is regular and has the same turning number as \mathbf{c} . \mathbf{c}_n are obtained by sampling \mathbf{c} at points $0 = s_0 < s_1 < \dots < s_n = 1$ which include the singular points of \mathbf{c} , and such that

$$\max_{0 \leq j \leq n-1} s_{j+1} - s_j \xrightarrow{n} 0$$

$\dot{\mathbf{c}}$ and $\dot{\mathbf{c}}_n$ are piecewise continuous $L^\infty([0, 1])$ functions, and it is not difficult to show that $\dot{\mathbf{c}}_n \xrightarrow{L^\infty} \dot{\mathbf{c}}$.

Fix some $\varepsilon > 0$. There is a finite open cover of $[0, 1]$ U_1, \dots, U_k and vectors $\xi_1, \dots, \xi_k \in S^1$ such that

$$\langle \dot{\mathbf{c}}(s), \xi_j \rangle \geq \varepsilon, \text{ for almost every } s \in U_j$$

Thus, for all large enough n ,

$$\langle \dot{\mathbf{c}}_n(s), \xi_j \rangle > 0, \text{ for almost every } s \in U_j \quad (0.1)$$

It follows that \mathbf{c}_n are regular. They are also closed by construction. Finally, linearly interpolate \mathbf{c}_n and $\dot{\mathbf{c}}$ and denote the result by $\dot{\mathbf{c}}'_n$. $\dot{\mathbf{c}}'_n$ satisfies the convex conditions (0.1) and $\int \dot{\mathbf{c}}'_n = 0$. Integrating $\dot{\mathbf{c}}'_n$ we get a regular homotopy \mathbf{c}'_n between \mathbf{c}_n and \mathbf{c} , which implies that both curves have the same turning number.

Proof of Lemma 6.1 For a proof that a convex curve with $\tau(\mathbf{c}) = 1$ must have a positive curvature function κ and that a simple closed curve with $\tau(\mathbf{c}) = 1$ and $\kappa \geq 0$ is convex, see [Csi].

Since $\kappa = \frac{\phi}{r}$, $\kappa \geq 0$ is equivalent to ϕ being non-decreasing. It thus remains only to show that a closed regular curve \mathbf{c} with $\tau(\mathbf{c}) = 1$ and ϕ non-decreasing is convex. This too seems to be known, but we were not able to find a full reference so we prove this here.

It is sufficient to show that if $\mathbf{c}(0) = (x(0), y(0)) = (0, 0)$ and $\phi(0) = 0$ then for $0 < s < 1$, $\mathbf{c}(s) \neq (0, 0)$. Define

$$s_1 = \sup\{s \in [0, 1] \mid \phi(s) \leq \pi\}$$

For all $s \in [0, s_1]$, $\dot{\mathbf{c}}(s)$ is in the upper half-plane. For regular curves, this implies that the arc $\mathbf{c}|_{[0, s_1]}$ is simple, so for

$$0 < s \leq s_1,$$

$$\mathbf{c}(s) \neq \mathbf{c}(0) = (0, 0)$$

Similarly, for all $s \in [s_1, 1]$, $\mathbf{c}(s)$ is in the lower half-plane. Therefore $\mathbf{c}|_{[s_1, 1]}$ is simple, and for $s_1 \leq s < 1$,

$$\mathbf{c}(s) \neq \mathbf{c}(1) = (0, 0)$$

References

[Csi] CSIKOS B.: *Differential Geometry*. Budapest Semesters in Mathematics. 1